

QUETHIOCK NEWS -August 2023

please contact Rachel Winstone on 01579 340612 or rrabp@icloud.com

QUETHIOCK PARISH COUNCIL

Defibrillators

We have defibrillators in the telephone boxes in Quethiock and Blunts. We also have one on order for Trehunist. These can be life-saving pieces of equipment. If you need to use one, the equipment itself will tell you what to do - these units can be used by anyone in an emergency and give automated visual and audible instructions for use when opened.

We recommend that you:

1. Know where the defibrillators are
2. Set up a 'Buddy list' of people you can call to pick up and deliver a unit to you if required.

However, if you do need to use one, time will be of the essence, and it might make all the difference if you know in advance what to do in the event of a heart attack.

The Parish Council has accordingly arranged two free CPR and Defibrillator Training Sessions to be held in the Parish Hall in Quethiock in eight weeks' time on Tuesday 12th September.

They will run from **6-7pm and 7-8pm**. The training will be given by a professional organization, Cornwall Training and Consultancy Ltd who work in partnership with the Front Line Emergency Equipment Trust ("FLEET"). All are welcome and there will be no charge.

We would urge as many parishioners as possible to come, but because of space constraints in the Hall we will need to know in advance how many people to expect.

You will therefore need to book in advance.

If you want to attend, please let the Clerk know as soon as possible – please email him at clerk@quethiockparishcouncil.gov.uk to book yourself in, with:

- Your name
- Your phone number
- And saying whether you would prefer to attend the 6pm or 7pm session, or don't mind which one.

Our next council meeting will be held on Monday 25th September, 7pm at Quethiock Parish Hall

Quethiock Horticultural Show

Well, another year and another Show, despite the prospect of some dreadful weather, it was just rather blowy with maybe a couple of showers, but not enough to dampen the atmosphere!

It was lovely to see so many people there, and we hope you all enjoyed yourselves. Some great new games to keep us entertained, courtesy of Graham Hole, musical highlights from Halfway Harmony, Bowling for the Pig...well, a joint of pork, plus the fantastic exhibits tent.

A lovely lot of entries from a talented village...

Most points in the Vegetable Class, plus the most outstanding entry won by Kath Nichols. The Fruit Class saw Richard Winstone take the spot for most points and Helen Roberts loganberries won the most outstanding entry. Sticking with the horticultural theme, Laura Andrews won most points in the Pot Plants Class and Jane Harris-Wood in the Flowers section, whilst Kath Nichols also came in tops with the highest yield from one potato being grown in a container.

Katherine Healy scored most points in the Domestic Class, with Merryn Gillard being picked as having the most outstanding entry, and in the Handicraft section Sarah Gradidge received most points whilst Sue Rowe had the most outstanding entry. Photographic entries saw Lisa Claydon taking the top spot with most points, and there were some great children's entries that showed everyone had much fun. Thanks must go to Quethiock School for supporting the Show by encouraging children to enter, and also to the PFA for their support.

In light of the recent passing of Elizabeth Treeby, who had been a great part of the Show in recent years, and author of other strange sightings in the Village, of scarecrows, and our late Queen being just two, it was decided to instate a Liz Treeby Memorial Prize to the most 'unusual' entry within the Handicraft Section, the first winner of this was Liz Ward.

The Show couldn't be put on without the brilliant helpers and sponsors, plus all of you who come for the afternoon, and if any of you would like to be more involved we'd love to see you at our next AGM, or just let any one on the committee know of your interest.

After Show Party

The Parish Hall Committee would like to thank everyone who helped and attended the After Show Party. It was a great night, brilliant music, yummy food and some dodgy dancing. It was wonderful to see so many people despite the weather.

Quethiock Parish Quiz

Hold the date - our next quiz is on Saturday 9th September. A fun Music quiz with half time refreshments. More details in next months newsletter and on posters. Come and join your neighbours for a relaxed and enjoyable evening. Bar open from 7pm and the Quiz starts at 7.30pm. Advanced table bookings can be made to Jane Harris-Wood at janehwtdmsc@gmail.com.

Pilates Class at Quethiock Parish Hall: Fridays 9:15am-10:15am
smjlodge@hotmail.co.uk or call 01579 532 606. Have fun keeping fit!

Craft and Chat every Tuesday 2-4pm in the Village Hall £2, it's always nice to see new faces, some old ones too!! Tea/coffee and cake included.

Quethiock Parish Local History Group A reminder that the Group will be meeting on Wednesday 6th September at 7pm in the Parish Hall.

Book Club will be taking a break through the summer months and will hopefully reconvene in October.

Quethiock Parish Hall is looking for **volunteers to help maintain the hall's garden..** Most of the work is done from April until early November. The work involves mowing the grass, strimming the hedgerows, tidying up around the planted area along the sidewalk and some light pruning. We typically meet for 2 hours every 3 to 4 weeks during the growing season. If you would like to get involved, please call Susan at 01579 348 674 or Alison at 01579 345 255.

Ballroom dancing group As some of you may remember, we used to run a ball room dancing group for a couple of hours on a Tuesday evening, until the pandemic started. Since then, many people have moved away and many new faces have arrived. As I am one of the ones who has moved away, I don't intend to organise this activity again, but if someone wants to start it up again, I can pass on a list of those who used to attend, and the names of the 2 dance tutors who used to come and try to get our footwork and posture correct. I think they gave up on the posture! I also have £48 left over from our contributions, which, if I don't hear of anyone wanting to take over the organisation, I was thinking of donating to the Village Hall, as this is where we held our evenings.

Any queries, please direct to me, Diana Fitton, phone number 07879 413251, or e-mail address Lanfitton@hotmail.com.

Finally, many thanks to all the people who supported this activity. I certainly enjoyed it, and if anyone wants to take on the organising, then you will have at least one occasional participant!

Ploughman's & Pud!



Fridays 29th September
27th October
1st December
12-1.30pm
Quethiock Parish Hall

A simple "ploughman's" of bread, cheeses, chutney, pickles and garnish followed by a choice of four home-made desserts, with tea or coffee to finish



ALL FOR £6
(in aid of St. Hugh's Church)



St Hugh's Church <https://sthughquethiock.org.uk>

Thank you to everyone who baked, pickled, and bought from our stall at the recent Horticultural Show. We raised an amazing £176.30 for the church.

Please note- Ploughman's & Puds is taking a break for the summer.

Next one will be on Friday 29th September, 12-1.30pm,

Quethiock Parish Hall

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| Sun 6 Aug | 10am | Morning Worship |
| Sun 13 Aug | 10am | Holy Communion |
| Sun 20 Aug | 4.30pm | Evening Worship |
| Sun 27 Aug | 10am | Morning Worship |

Please contact Rev Li Selman revliselman@icloud.com or 01579 348490 or Churchwarden, Rachel 01579 340612

VILLAGE DIARY

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| Fri 28 July | Ploughman's & Pud, 12-1.30pm, Quethiock Parish Hall £6 |
| Wed 6 Sep | Local History Group meeting, 7pm in Quethiock Parish Hall |
| Sat 9 Sep | Quiz Night, from 7pm at Quethiock Parish Hall |
| Tues 12 Sep | Defibrillator Training, 6-7pm, 7-8pm, need to book (see above) |
| Mon 25 Sep | Quethiock Parish Council meeting, 7pm, Quethiock Parish Hall |
| Fri 29 Sep | Ploughman's & Pud, 12-1.30pm, Quethiock Parish Hall £6 |

Post Office Wednesdays 9am-10am, Quethiock Parish Hall

Mobile Library Friday 25 Aug, 11-11.25am by the Bus Shelter

Craft and Chat Tuesdays 2pm-4pm, Quethiock Parish Hall, £2

Book Club is taking a break for the summer

Local History Group Wed 6th Sept, 7pm in Quethiock Parish Hall

Pilates Fridays 9.15-10.15am in Quethiock Parish Hall, £6

Coffee Morning Thursdays 9.30-10.45 Quethiock School £2.50 (drink+cake)

Baby & Toddler Group Tuesdays (term time), 9.30-10.45 Quethiock School £2

Ploughman's & Pud Friday 29th Sept, 12-1.30pm, Quethiock Parish Hall

Quethiock Parish Hall is available for hire for £6 per hour. If you would like to **reserve the hall** please **contact Alison Jeffrey 01579 345 255** or email alisonjeffrey@live.co.uk.