

QUETHIOCK NEWS -March 2024

please contact Rachel Winstone on 01579 340612 or rrabp@icloud.com

Newsletters are on the Quethiock Parish Council website, also on Village & Church Notice Boards

QUETHIOCK PARISH COUNCIL

Measles – important information

Cases of measles are rising across England. There are large outbreaks in London and Birmingham, and some outbreaks in the south-west already. NHS advises that it is only a matter of time before we see measles outbreaks in Cornwall.

Measles is an infection that spreads very easily and for some children and adults can cause serious problems. It is particularly easy to catch when in close contact with others, such as in nurseries and schools.

Symptoms include a high fever, sore red watery eyes and a blotchy red-brown rash. A child with measles should stay off nursery or school for at least 4 days from when the rash first appears, and avoid close contact with babies, and anyone who is pregnant or has a weakened immune system.

Measles often starts as cold-like symptoms. NHS guidance says it is fine to send a child to school with a minor cough or common cold, provided they don't have a temperature.

The best protection against measles for children and adults is to get both doses of the MMR vaccine. It is never too late to catch up on any missed MMR vaccinations

MMR is a preschool vaccination, normally given at 12 months and 3 years 4 months, to protect against Measles, Mumps and Rubella. Both doses are needed for full protection. Parents and guardians should check their children's MMR status, or contact their GP practice as soon as possible if they are not sure.

Local History

The work of a parish clerk can be full of surprises. I recently had an email enquiry from a family in Milton Keynes who were researching their ancestors and thought there was a Trehunist connection. After a couple of emails to the local parish history group and other contacts I was able to put them in touch with a living relative in Liskeard they never knew they had – and who used to live in my house!

The Parish Council's next meeting will be held on Monday 25th March 2024 in Quethiock Parish Hall at 7pm.

Pilates Class at Quethiock Parish Hall: Fridays 9:15am-10:15am
smjlodge@hotmail.co.uk or call 01579 532 606

Craft & Chat every Tuesday 2-4pm in the Village Hall. Come and join us for a relaxing afternoon, coffee/tea and biscuits/cake £2

Ploughman's & Pud with a difference! Wednesday 20th March, 12noon until 1.30pm in Quethiock Parish Hall £6. A choice of delicious home-made soups, baguette, plus a generous slice of something sweet for pud, tea/coffee.

Quethiock Parish Local History Group

We have just about finished updating the boards in the church so do pop down and have a browse. Topics include '100 years of the Harris Family', 'Archaeology', 'The Mason's Arms' and various aspects of Quethiock in medieval times.

The next meeting is on Wednesday 6th March at 7pm in the Parish Hall when we will be chatting about life in Quethiock (eg the school and the shop) in the seventies and eighties. All welcome, £2 towards hall hire and light refreshments.

"Quethiock School Cross-country Run - Postponement.

For reasons various, Quethiock School has had to postpone the Cross-country run event until next year (2025).

Accordingly, preparation for this year has stopped. However, please can we pass on our thanks to everyone who volunteered to help. It is much appreciated. Simon Harris"

Saturday 23rd March Farmers Easter Market 10am - 12pm

Come and join your neighbours for a relaxing coffee morning with cakes and sausage rolls. Browse our stalls full of local products including Cakes, Meats Plants, Honey and Easter Treats and enter our Easter Egg bundle raffle

Pub night - Saturday 30th March

Friends of Quethiock Parish Hall invite you to a Pub Night, Bring your friends and meet your neighbours. Cash bar 7pm till late.

Quethiock Big Fat Quiz - Friday 10th May

Not just your average quiz, this will be a fun night full of surprises and a chance to win the Quethiock Quiz Trophy or Wooden Spoon. Cash bar from 7pm till late. Details next month.

Saturday 11th May Afternoon Tea Party

The Quethiock Show Committee are hosting an afternoon tea party from 2pm until 4pm. There will be scrumptious savouries, delicious cakes and clotted cream scones served with Tea or Coffee. There will also be the opportunity to discuss your Show entries with the members of the Show Committee.

Entry £6.00 per person with all proceeds going towards funding the Quethiock Show which is on Saturday 20th July.

Quethiock Show - Potato Competition Calling all gardeners, now is the time to plant your potato for the competition. One potato per container, the winner will be decided on the day of the Show after all the entries have been weighed.



Friends of Quethiock
Parish Hall invite you
to a social evening

PUB NIGHT
EVERYBODY WELCOME
CASH BAR

SATURDAY 30TH MARCH
7PM TILL LATE
QUETHIOCK PARISH HALL

Farmers' Easter Market and Coffee Morning

Quethiock Parish Hall

Saturday 23rd March 10am - Noon

Come and join your neighbours, for a relaxing coffee morning
with a slice of homemade cake.

Browse our stalls full of local products including Cakes, Plants,
Preserves and Meat, and enter our Easter Egg Hamper Raffle



Ploughman's & Pud
With a difference
Wednesday 20th March
12noon - 1.30pm
Quethiock Parish Hall
£6

Easter Flowers

Church decoration for Easter will be happening on Saturday, 30th March from 10am and anyone who would like to contribute garden flowers (preferably white or yellow for Easter) or come along and help will be very welcome.

Sun 3 March	10am	Morning Worship
Sun 10 March	10am	Holy Communion
Sun 17 March	4.30pm	Evensong
Sun 24 March	10am	Morning Worship
Fri 29 March	Good Friday	7pm Tenebrae
Sun 31 March	Easter Sunday	10am Holy Communion

Wednesday 20th March - Ploughman's & Pud with a difference. A choice of home-made soup with crusty baguette, followed by a generous slice of something sweet, tea/coffee. Served between 12noon and 1.30pm, Quethiock Parish Hall. £6

Please contact Rev Li Selman revliselman@icloud.com or 01579 348490 or Churchwarden, Rachel 01579 340612

VILLAGE DIARY

Wed 6 Mar	Quethiock Local History Group, 7pm Quethiock Parish Hall, £2
Wed 20 Mar	Ploughman's & Pud, 12-1.30pm, Quethiock Parish Hall £6
Sat 23 Mar	Easter Farmers' Market, 10am-12, Quethiock Parish Hall
Mon 25 Mar	Quethiock Parish Council meeting, 7pm, Quethiock Parish Hall
Sat 30 Mar	Pub Night, from 7pm, Quethiock Parish Hall
Fri 10 May	Big Fat Quiz, Quethiock Parish Hall, cash bar from 7pm
Sat 11 May	Afternoon Tea Party, 2pm-4pm, Quethiock Parish Hall £6

Post Office Wednesdays 9am-10am, Quethiock Parish Hall

Mobile Library Friday 8th March, 11-11.25am by the Bus Shelter

Local History Group Wed 6 March, 7pm, Quethiock Parish Hall, £2

Craft and Chat Tuesdays 2pm-4pm, Quethiock Parish Hall, £2

Pilates Fridays 9.15-10.15am in Quethiock Parish Hall, £6

Coffee Morning Thursdays 9.30-10.45 Quethiock School £2.50 (drink+cake)

'Little Hatchlings' Parent & Toddler Group Tuesdays (term time only), 9am-10am, Quethiock School £2 per child (drink+snack)

Ploughman's & Pud Wednesday 20 March, 12-1.30pm, Quethiock Parish Hall

Bus Service Wednesdays only - see timetable in bus shelter for details